

CLINIC FOR COLON & RECTAL SURGERY, P.A.

Robert L. Baird, M.D.
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115 MANNING DRIVE, SUITE D101
HUNTSVILLE, ALABAMA 35801
(256) 533-6070

Javad Golzarian, M.D.
Stephen F. Clark, M.D.

Please read upon receipt

You are scheduled for:

_____ **Huntsville Hospital Main.** Report to Admitting, 1st floor
(256-265-8000). Please be prepared to provide your insurance information.

_____ **Huntsville Hospital Women and Children** (Huntsville Hospital East)
Report to Admitting, 1st floor (256-265-7788). Please be prepared to provide your insurance
information.

_____ **Crestwood Medical Center.** Report to Admitting/Registration
(256-429-4878). Please be prepared to provide your insurance information.

_____ **The Surgery Center,** 721 Madison Street. Report to the front desk
(256-533-4888). Please be prepared to provide your insurance information.

YOUR SURGERY DATE IS: _____

YOUR CHECK-IN TIME IS: _____

**Please be advised that if you have had any changes in your insurance since we last saw you, we will need to get a copy of your card and be notified of those changes. The medical facility where the procedure will be done does not supply us with that information. Incorrect billing information delays claim status and will result in your being billed for the procedure.*

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Preparation Instructions for Colonoscopy Using Bisacodyl Tablets and HalfLyte Bowel Preparation

General Instructions

1. **Diet:** Only clear liquids the day before the procedure. Clear liquids include:
 - Water, tea, soda, coffee
 - Clear juice (apple, white grape juice)
 - Jell-O (lemon or lime without added fruit)
 - Broth or Bouillon
 - Popsicles (no red)
 - Gatorade (no red)
2. Begin the HalfLyte preparation at Noon the day before the scheduled procedure.

Step 1 - Take 1 Bisacodyl tablet at Noon.

- o Do not chew or crush.
- o Do not take bisacodyl tablet within one hour of taking an antacid.

Step 2 - Take 1 Reglan tablet 30 minutes before starting the preparation.

- o You may take the second Reglan tablet at any time after this if you experience severe nausea.

Step 3 - Mix solution.

- o Add lukewarm drinking water to top of line on the bottle.
- o Cap bottle and shake to dissolve the powder.
- o The reconstituted solution will be clear and colorless. Use within 48 hours. You may add to the solution the attached flavorings.

Step 4 - Wait for a bowel movement

- o After a bowel movement occurs (usually in one to six hours) begin to drink the solution.
- o Even if no bowel movement occurs after six hours, begin to drink the solution.

Step 5 - Drink all of the solution.

- o Drink 1 (8 oz) glass every ten minutes (about eight glasses). Drink each glass quickly rather than drinking small amounts continuously.
- o Be sure to drink **ALL** of the solution.

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Preparation Instructions for Colonoscopy
Using Bisacodyl Tablets and HalfLytely Bowel Preparation

General Instructions (continued)

WARNING - If you have severe discomfort or distention (bloating), stop drinking the solution for awhile or wait longer between drinking each glass until the discomfort goes away.

Do not take other medications within one hour of starting to drink the solution.

Take nothing by mouth within four (4) hours of the scheduled procedure. You may take required medication with a small amount of water.

Patient's taking 1.) insulin or 2.) Coumadin, Plavix, aspirin, or other "blood thinners" should notify the office as soon as possible for specific instructions. Patients needing antibiotics prior to an invasive procedure should notify our office (example - patients with artificial heart valves).

Accordingly, after the procedure, you must have someone available to drive you home. You are not allowed to use public transportation to get to and from your procedure. The Clinic and Hospital policies state you cannot drive yourself home nor take public transportation after sedation for the procedure. Failure to follow these policies will result in your procedure being cancelled.

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COLONOSCOPY

Colonoscopy refers to the visual examination of the large intestine. It is performed with a flexible videoscope. The scope is advanced through the large intestine under direct vision using the scope's optical system. The procedure is viewed on a TV monitor. Photographs may be taken.

For adequate examination, special preparation of the bowel is required. Intravenous sedation is given and most people sleep through the procedure and have no recall of it. **Accordingly, after the procedure, you must have someone available to drive you home. You are not allowed to use public transportation to get to and from your procedure. The Clinic and Hospital policies state you cannot drive yourself home nor take public transportation after sedation for the procedure. Failure to follow these policies will result in your procedure being cancelled.** Colonoscopy allows visualization of the entire large bowel in over 95 percent of cases. It combines the advantages of examination, diagnosis (biopsies can be taken), and treatment (polyps can be removed) into a single procedure.

The procedure is safe. However, in rare instances, complications can occur which require surgery. Perforation of the bowel occurs in about one of 2,000 diagnostic procedures. Perforation can be due to the passage of the instrument in difficult cases and can follow removal of polyps. Bleeding occurs after the removal of polyps in 1% of cases. This can usually be managed without surgery. The procedure should be done, therefore, only for sound indications.

Colonoscopy is an outpatient procedure. Patients return home afterwards and usually resume normal activities the following day. Diet is usually unrestricted after colonoscopy.